



**Virtual workshop on
TRANSACTIONAL ANALYSIS**

25TH TO 31ST OCTOBER 2021

Organised by

Centre for Human Resource Development

**HIMACHAL PRADESH NATIONAL LAW UNIVERSITY,
SHIMLA.**

ABOUT HIMACHAL PRADESH NATIONAL LAW UNIVERSITY



Established by the State Government in 2016, by an Act of the Legislature (Act 16 of 2016), located in the geographical terrain of Himalayas, Himachal Pradesh National Law University, Shimla, is the best place for education, developing students, understanding the law and legal system, topographies of law making, legal practices, and administration.

The institution has attracted an excellent set of teachers from all over India. The University is committed to provide inter disciplinary and practical/application based legal education keeping in view the requirements of overall developments of its students.

Hon'ble Mr. Justice Ravi Malimath, acting Chief Justice, High Court of Himachal Pradesh is the chancellor and Prof. Dr. Nishtha Jaswal is the vice-chancellor of the university.

'Yogah Karmasu Koushalam' meaning 'to do a skillful is a virtue' is what HPNLU family believes in.

ABOUT THE WORKSHOP



Transactional analysis is an interesting and enlightening paradigm for analyzing our own and other people's behavior. It provides some extremely valuable insights on the influence of various behavioral types in interpersonal relationships. It includes utilizing knowledge and abilities to recognize and adopt a frame of mind that can decide whether the transaction (i.e., communication) will be effective or not, which has the potential to make or break an interpersonal relationship.

The purpose of this workshop is to increase the participants' understanding of people themselves and others. It uses the theoretical and practical application of Transactional Analysis to explain why people behave as they do. It will also help the participants understand why some people 'communicate' the way they do, and why some people go around in circles, going nowhere. In addition, it will also help participants understand interpersonal relationship and conflict management for better individual and team effectiveness.

This workshop aims to elaborate on the various concepts of TA to help individuals build better interpersonal skills in order to avoid conflicts in any environment.

OBJECTIVES OF THE WORKSHOP

- To equip the participants with basic concepts of Transactional analysis
- To augment self-awareness, spontaneity, and capacity for intimacy
- To help participants understand interpersonal relationship and conflict management for better team work & personal effectiveness.
- To use transactional analysis as a medium to develop effective communication and an environment for collective growth.

WHO MAY PARTICIPATE?

- Students.
- Research Scholars.
- Academicians.
- Professionals working in or for organizations.

SIGNIFICANCE OF THE WORKSHOP

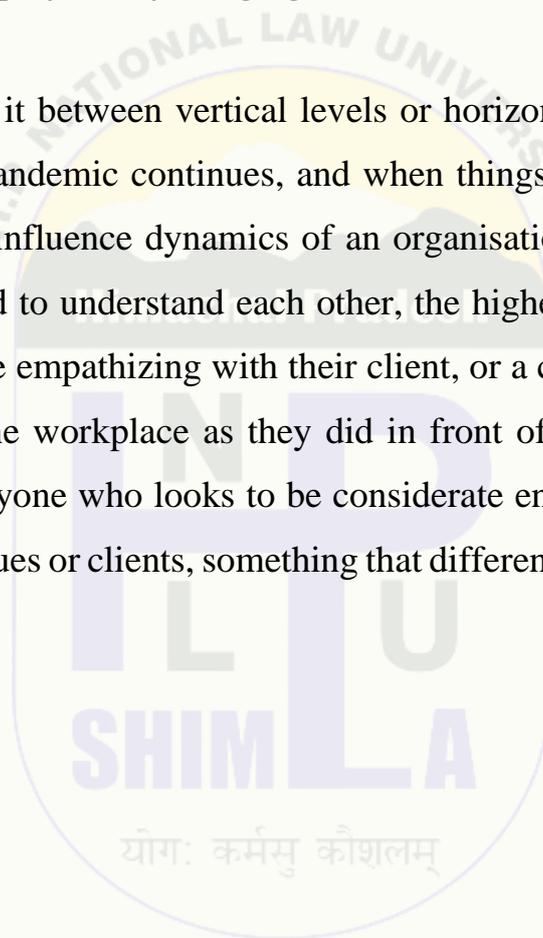
“Human resource isn’t a thing we do, it’s the thing that runs our business” — Steve Wynee,
Business Magnet

Upon reflecting on the quote, while perusing decades of literature on psychology and management, one truly grasps the groundbreaking significance of Human Resources (HR). It is the summation of knowledge, skills, creative abilities, talents, and aptitudes of a workforce that has incredible significance in the cardinal development and overall progress of an organisation. But unlike other resources employed by an organization, HR, driven by individual behaviour that ultimately guides organization behaviour, poses a significant challenge to an organisation in its continuous, effective, and harmonious development. In this regard, it is worthwhile to note that the COVID-19 pandemic has only exacerbated this issue and has brought to fore not only a peculiar way of living, but also a variety of new issues which affect the HR, and thus, the organisation. In order to avoid such precarious situations,

managers have a medley of different management tools at their disposal. One such tool is Transactional Analysis.

The pandemic brought to bear an unprecedented era where the working environment (and culture) of organizations have seem to have gone through a drastic change. This change—without fail—has also significantly impacted the Human Resources working therewith; and calls for organisations to conduct a meticulous examination of these changes. So, in light of the aforesaid, in this workshop we will seek to provide an adept analysis that will help both the management and the employees, by bridging that vacuum that this virtual age has brought on.

The gap in relationship, be it between vertical levels or horizontal ones, must be addressed both as while during this pandemic continues, and when things start going back to the new normal, for it will directly influence dynamics of an organisation environment, wherein the tool in question can be used to understand each other, the highest form of love that humans can offer. Be it an employee empathizing with their client, or a colleague welcoming another feeling not so homely in the workplace as they did in front of their screens, Transactional Analysis can be used by anyone who looks to be considerate enough to provide a safe place for their employees, colleagues or clients, something that differentiates few great organisations from a lot of good ones.



REGISTRATIONS

REGISTRATION FEES:

- For research scholars/ academicians : 1000 (INR)
- UG students: 500 (INR)

REGISTRATION LINKS:

Registration form: <https://forms.gle/bSzWnNqZT2viQKuW9>

Payment link: <https://www.onlinesbi.com/sbicollect/icollecthome.htm>

INSTRUCTIONS TO THE PARTICIPANTS:

- The participants are required to attach the screenshot of successful payment in the registration form.
- The workshop shall be conducted through the Cisco WebEx platform and the link will be provided before the session begins.
- The candidates before joining any programme ensure proper internet connectivity and data usage of about 3GB per day to have live streaming of all sessions.
- E-certificate will be issued to the participants on successful completion of the course. Attendance is mandatory for all sessions, failing which certificates shall not be given.
- Intimation of selection to the participants shall be given through e-mail.
- The details of schedule of the workshop will be intimated to all the participants through email after the registration process.

IMPORTANT DATES

Workshop Date	25 th – 31 st October, 2021
Registration deadline	22 nd October, 2021
Confirmation of registration	23 rd October, 2021

ORGANISERS

PATRON-IN-CHIEF

Prof. (Dr.) Nishtha Jaswal

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PATRON

Prof. (Dr.) S.S. Jaswal

Registrar, HPNLU, Shimla

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